



YWCA JUMP is an exciting program for newcomer women, girls and gender diverse people over the age of 13 who are permanent residents, convention refugees, protected persons, live-in caregivers or temporary residents and their dependents from Ukraine and Gaza. Proof of immigration status must be provided.

222 Dixon Road, Suite 207 | Etobicoke, ON M9P 3S5
416.964.3883 | ywcatoronto.org/jump |     

EXPRESSIVE ARTS PAINT CLASS (IN PERSON)

Facilitated by Rinat Moshe-Solnik



PHOTO CREDIT: PHOTO PROVIDED BY RINAT MOSHE-SOLNIK



PHOTO CREDIT: FRAZAO STUDIO LATINO FROM ISTOCK



PHOTO CREDIT: LESYAD FROM ISTOCK

Wednesday, February 19, 2025 | 10a.m.-12:30p.m.
222 Dixon Road, Suite 207, Etobicoke | [Click here to register](#)

Join this interactive workshop where you will learn how to improve their emotional well-being and expand their creativity by expressing themselves through art.

In this session you will learn about:

- The principles of creativity and authentic self-expression.
- How to connect with your creativity and visual voice.
- Reflecting on your artwork through self-writing about your creative journey, capturing your thoughts and feelings.
- Deepening your experience by gaining clarity and insights into themselves, and sharing your self-discovery with the group.

**Those taking public transit to attend this session will receive TTC Presto cards.*



SCAN TO REGISTER

For more information, please contact us at **416.964.3883** or jumpetobicoke@ywcatoronto.org

JUMP Etobicoke is offering services under a hybrid format. In person or individual appointments can be requested. Participants and visitors are required to self-screen for in-person appointments.

**Please note: due to funding criteria, we are unable to serve Canadian Citizens and Refugee Claimants at this time.*



NATIONAL ADVOCACY.
COMMUNITY ACTION.



Funded by:

Financé par :



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada